

Focus: Sharpen Your Focus, Become Unstoppable and Build Your Dream Life Now!

Scaricare Libri Michael T. Robbins (PDF, ePub, Mobi) Gratuito



Learn To Focus, Become Unstoppable And Easily Create The Lifestyle Of Your Dreams!

I'm going to show you how everyday distractions are keeping you from living the life you really want to live. And by learning to focus *the right way* it will completely change the direction of your life. You really can live out all your dreams if you apply a little focus!

How many times per day do you catch yourself distracted? If you really think about it I'm sure you'll realize it's too many to count--if you're like most of us. It may be Youtube videos, emails, phone calls, advertising or a million other things. The point is...

We Are Surrounded By Distractions Everywhere!

Everywhere we look there is someone or something trying to attract our attention even if just for a few seconds. It's an epidemic and it's more serious than you may think!

We as a society have lost our ability to focus. We've become unproductive because we can't concentrate on anything long enough to go after our dreams. This creates anxiety which leads to stress. And to bust that stress we seek out even more distractions. This happens day after day, week after week and year after year, until one day we realize that we aren't living our dream life and instead we are simply living a life of clueless distraction.

It's Time To Break Free Of These Distractions And Start Living The Life You Deserve!

Here's a preview of what's inside:

- ==> The importance of focus in your life
- ==> **The difference between concentration and focus and how to develop both**
- ==> Why you should stay as far away from multitasking as possible
- ==> **How to get free from the distractions that surround us**
- ==> How to use email, texting and social media wisely
- ==> **How to regain control of your life**
- ==> How to build your dream life
- ==> **How to improve your concentration**
- ==> How to stop procrastination in its tracks
- ==> **How to stay focused in the long run**

==> Plus, so much more...

Once you get your copy of 'Focus' you'll begin to break free of the vicious cycle of distractions, anxiety, stress, and more distractions. You'll be amazed at all the goals you meet, the commitments you keep, and the life you lead.

It's time to focus your attention back on the thing that really matters: your life!

Título : Focus: Sharpen Your Focus, Become Unstoppable and Build Your Dream Life Now!

Autor : Michael T. Robbins

Categoria : Affari e finanze personali

Pubblicato : 11/05/2018

Editore : Michael T. Robbins

Pagine : 29

Lingua : Inglese

Size : 124.47kB

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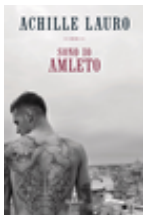
[PDF] Un cattivo ragazzo come te



<http://new.beebok.info/it-1441364873/un-cattivo-ragazzo-come-te.html>

«Vorrei leggerlo ancora e ancora.» Penelope Douglas Autrice della serie bestseller LOVE Tornare a casa è molto doloroso per Lane. Il suo adorato zio Harry, infatti, è morto improvvisamente. E fare i conti con la sua scomparsa significa accettare...

[PDF] Sono io Amleto



<http://new.beebok.info/it-1448338659/sono-io-amleto.html>

Sono nato l'11 luglio del 1990. I miei amici non hanno mai smesso. Sono riconoscente, un angelo mi ha protetto fino a oggi. Quando ho firmato il mio primo contratto, dormivo in una macchina. Sono stato una troia. Sono stato una santa. Sono la solitudine. Sono l'eleganza. Sono la moda. Sono quello...

[PDF] La ragazza nell'acqua



<http://new.beebok.info/it-1442732300/la-ragazza-nell-acqua.html>

Autore del bestseller La donna di ghiaccio Oltre 2 milioni di copie vendute Il detective Erika Foster ha appena ricevuto una soffiata che le indica il luogo in cui è nascosta la prova per sventare un grosso traffico di droga. Seppure sospettosa, ordina la perquisizione di una cava in disuso...

[PDF] King



<http://new.beebok.info/it-1449197092/king.html>

Assist. Tiro. Goal. Palla al centro. La vita di Alexander King è tutta qui, perlomeno adesso. Il suo mondo è andato in frantumi da poco tempo e, nonostante il successo, vive ogni giorno con un unico obiettivo: essere un bravo papà e giocare al meglio delle proprie...

[PDF] Rien ne va plus



<http://new.beebok.info/it-1446255547/rien-ne-va-plus.html>

Un nuovo capitolo del grande Romanzo di Rocco Schiavone, un uomo duro, ruvido, cinico ma con una umanità insospettabile, «l'amico di cui non si può più fare a meno» Bruno Ventavoli (TuttoLibri).
